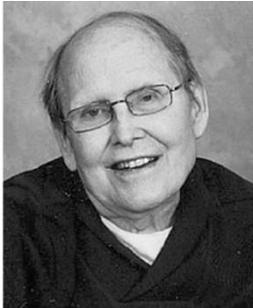


## James Frederic (Eric) Ingham

February 26, 1943 – June 19, 2020



The family is saddened to announce Eric's passing at Parkside Extendicare on Friday, June 19, 2020 at the age of 77 years. We feel reassured that now he is free from his ailments and bondage to his wheelchair. Eric was predeceased by his parents Jason and Francis Ingham; brother Don Ingham and father-in-law William Stenko. Eric is survived by his loving wife of 40 years Dianna; children Julia Ingham (Curtis Petersen) and Douglas Ingham; cherished grandchildren Lucas, Maya and Lindsay; as well as his sister Joan Henry (Walter) and his mother-in-law Irene Stenko. Eric was born on February 26, 1943 in Montreal, Quebec, where he lived his early years. The family moved to Toronto in 1954. He achieved three University Degrees: Bachelor of Arts, Bachelor of Theology and Bachelor of Education. He moved to Saskatchewan in the early 1970s, where he worked as a United Church Minister in Carrot River and later at Wascana United in Regina. After receiving his education degree, he began teaching in Regina Public Schools as a French Itinerant. He retired from teaching in 2002. During his teaching career, Eric began acting in The Trial of Louis Riel and Regina Little Theatre productions. His daughter and granddaughters share his love of music, arts, and drama. Eric loved all sports. He was an avid golfer and enjoyed playing it. He watched and followed many sports, especially Rider games. Many times, his son and grandson would review the games and players. He was well read and knowledgeable in many different subjects. Trivial Pursuit was one of the family games often played. He was always the first one chosen for a team. Chess was another of his favorite games. He was very proud that his son and grandson enjoyed the same interest, challenging him every weekend. Eric was very supportive of his family, cared very much for them and wanted to help them out. He appreciated all their visit, phone calls and treats left for him. Everyone remembers how hospitable he was. He loved having company and would always offer them a drink. He had a very vibrant personality, with a bold, enlightening voice. He liked to have a good time! On April 17, 2008, Eric suffered a major cardiac event that would change his life forever. As his health declined, he kept himself busy with watching TV, reading, solving Sudoku and listening to his favorite music artists and singing along to the songs. He looked forward to visits from his favorite dogs, Max and Ruby, of whom he bragged about to other residents. The family would like to extend a big thank you to all the caregiving Eric received from medical personnel in many health facilities in Regina, especially Parkside Extendicare (North Wing) and Wascana Heights Personal Care Home. We appreciate all the support from family, neighbours and friends and Rev. Russell Mitchell-Walker and Eastside United Church. In lieu of flowers, we would appreciate donations to the Heart and Stroke Foundation of Saskatchewan, 1738 Quebec Avenue Unit 26, Saskatoon, SK S7K 1V9, or Diabetes Canada, 919B Albert Street, Regina, SK S4R 2P6. Due to COVID restrictions, a small family graveside gathering will occur on Friday, June 26, 2020 at 1:00p.m. Live streaming will be available starting at 1:00p.m. at the following link: <http://distantlink.com/dlm12.html>. Password: Arbor2020. A Celebration of Eric's Life will be held at a later date. Family and friends are invited to sign the online obituary and tributes page at [www.reginafuneralhome.ca](http://www.reginafuneralhome.ca).